

PURPOSE.

A 7 DAY REFLECTIVE GUIDE TO
FOLLOWING YOUR PASSIONS &
PRAYERFULLY PURSUING THEM.

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DAY 1.

THE FIRST STEP TO FOLLOWING YOUR DREAMS & KNOWING YOUR PURPOSE IS TO REALIZE THAT AT THE VERY ROOT, OUR PURPOSE ISN'T ABOUT US AT ALL... IT'S ABOUT GOD. IT'S ABOUT KNOWING HIM MORE, LOVING HIM & HIS PEOPLE, AND MAKING A DIFFERENCE FOR HIM.

PROVERBS 16:3 COMMIT YOUR WORK TO THE LORD, AND YOUR PLANS WILL BE ESTABLISHED.

LET'S TAKE THE FOCUS OFF OF OURSELVES FOR A MINUTE AND REFLECT ON THE WAYS WE CAN SERVE HIM IN OUR CURRENT SITUATIONS. THINK ABOUT THE PEOPLE YOU COME INTO CONTACT WITH AT YOUR WORK, CHURCH, THE GROCERY STORE, ETC. HOW COULD YOU MAKE A DIFFERENCE FOR GOD IN THOSE SITUATIONS? IN WHAT WAYS DO YOU FEEL GOD CALLING YOU TO MAKE A DIFFERENCE FOR HIM IN THE LITTLE THINGS? PRAY ON IT. YOU CAN USE THE SPACE BELOW TO JOURNAL!

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DAY 2.

GOD CREATED YOU WITH DREAMS ALREADY IN YOUR HEART. HE PUT THOSE PASSIONS THERE AND ONE OF HIS GIFTS TO US IS DISCOVERING THEM... PURPOSE CAN LOOK DIFFERENT IN EACH STAGE OF LIFE SO DON'T GET CAUGHT UP WITH PERFECTION AND THE IDEA THAT YOU HAVE TO FIND THAT *ONE THING*. MAYBE IT ISN'T JUST ONE BIG THING... MAYBE IT'S ENCOURAGING SOMEONE *HERE* OR HELPING SOMEONE *THERE*. SOMETIMES IT'S ABOUT THE JOURNEY AND TRUSTING GOD ALONG THE WAY.

JUDGES 18:5-6 THEN THEY SAID, "ASK GOD WHETHER OR NOT OUR JOURNEY WILL BE SUCCESSFUL." "GO IN PEACE," THE PRIEST REPLIED. "FOR THE LORD IS WATCHING OVER YOUR JOURNEY."

REFLECT ON THE EXPECTATIONS YOU SET FOR YOUR LIFE & ASK GOD TO HELP YOU HAND THEM OVER TO HIM. THINK ABOUT THE JOURNEY THAT LEAD YOU HERE. WHAT ARE THE THEMES THAT GOD HAS BEEN TEACHING YOU? WHEN HAVE YOU FELT THE CLOSEST TO GOD?

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DAY 3.

PURPOSE CAN LOOK DIFFERENT FOR EACH PERSON. DON'T JUDGE YOURSELF BECAUSE YOU ARE NOT IN THE SAME PLACE OR DOING THE SAME THINGS AS SOMEONE ELSE. YOU ARE UNIQUELY CREATED WITH YOUR OWN SPECIAL PURPOSE!

1 CORINTHIANS 12: 4 THERE ARE DIFFERENT KINDS OF GIFTS. BUT THEY ARE ALL GIVEN TO BELIEVERS BY THE SAME SPIRIT.

REFLECT ON YOUR NATURAL GIFTINGS. WHAT DO PEOPLE COME TO YOU FOR? ADVICE? A LISTENING EAR? WHAT TYPES OF THINGS DO YOU FIND YOURSELF BEING DRAWN TO? NOW, HOW ARE THOSE TYPES OF THINGS SHOWING UP IN YOUR LIFE? HOW ARE YOU ABLE TO BE INVOLVED IN THEM? PRAY THAT GOD WOULD BRING THE RIGHT OPPORTUNITIES TO YOU! FOR MORE INSPIRATION, READ THE REST OF 1 CORINTHIANS 12.

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DAY 4.

MAKE A PLAN AND WORK FOR IT. IT'S SO FUN TO DREAM AND COME UP WITH IDEAS BUT WE ALSO HAVE TO FOLLOW THROUGH. THE BIBLE TALKS A LOT ABOUT THE IMPORTANCE OF DILIGENCE AND HARD WORK. THERE'S SOMETHING TO BE SAID FOR SOMEONE WHO FOLLOWS THROUGH!

PROVERBS 14:23 ALL HARD WORK BRINGS A PROFIT, BUT MERE TALK LEADS ONLY TO POVERTY.

WHAT COULD YOU BE DOING RIGHT NOW TO FOLLOW YOUR DREAMS? YOU KNOW, THAT THING THAT YOU *SHOULD* BE DOING, BUT INSTEAD YOU'RE SITTING ON THE COUCH WATCHING NETFLIX. YEAH, THAT THING. IF YOU'RE NOT SURE WHERE TO START, FIND SOMEONE WHO IS DOING WHAT YOU WANT TO DO AND START ON A SMALL SCALE. IF YOU WANT TO BE A FASHION BLOGGER, START TAKING PICTURES WITH THE CLOTHING YOU ALREADY OWN. IF YOU WANT TO BE A MUSICIAN, START WRITING SONGS EVERY DAY. THE POINT IS, YOU HAVE TO START. YOU WON'T BE PERFECT AT FIRST AND YOU WILL PROBABLY EVEN CHANGE DIRECTIONS AT SOME POINT... BUT YOU WILL NEVER GET *THERE* IF YOU DON'T START *SOMEWHERE*.

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DAY 5.

NOW THAT YOU'VE MADE YOUR PLANS... HOLD THEM WITH AN OPEN PALM. WHEN WE HAVE AN IDEA OR A DREAM, SOMETIMES WE GET SO EXCITED TO SEE IT THROUGH THAT WE ARE BLINDED BY OUR OWN AMBITION. IT'S EASY TO GET CAUGHT UP IN FOLLOWING OUR PASSIONS AND THEN SOMEHOW FORGET TO INVOLVE GOD. SOMETIMES WHAT WE THINK IS THE END GOAL, TURNS OUT TO BE SOMETHING ENTIRELY DIFFERENT.

PROVERBS 19:21 "MANY ARE THE PLANS IN A PERSON'S HEART, BUT IT IS THE LORD'S PURPOSE THAT PREVAILS."

REFLECT ON THE PLANS YOU HAVE FOR YOUR LIFE. HOW HAVE YOU KEPT GOD INVOLVED IN THEM? PRACTICE GIVING YOUR PLANS OVER TO GOD EVERY MORNING IN PRAYER. GIVE HIM THE OPTION TO PIVOT. IT'S OK IF HE DOES... HIS PLANS ALWAYS WORK OUT BETTER ANYWAY.

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DAY 6.

HAVE CONFIDENCE (I'M PREACHING TO MYSELF ON THIS ONE!). IT CAN BE SCARY TO FOLLOW YOUR DREAMS. IT'S SCARY TO SAY THAT YOU DESIRE SOMETHING. THE GOOD NEWS IS, YOU'RE PRAYERFULLY FOLLOWING YOUR DREAMS WHICH MEANS IT'S NO LONGER ABOUT YOU. YOU GET TO BE CONFIDENT BECAUSE YOU'RE DOING THE LORD'S WORK... NOT YOUR OWN.

1 CORINTHIANS 15:58 THEREFORE, MY DEAR BROTHERS AND SISTERS, STAND FIRM. LET NOTHING MOVE YOU. ALWAYS GIVE YOURSELVES FULLY TO THE WORK OF THE LORD, BECAUSE YOU KNOW THAT YOUR LABOR IN THE LORD IS NOT IN VAIN.

TAKE A BIG SIGH OF RELIEF... YOU DO NOT HAVE TO PERFORM FOR THE WORLD. YOU JUST HAVE TO BE WHO GOD CALLED YOU TO BE. DOES THAT CHANGE YOUR MINDSET WHEN YOU THINK ABOUT FOLLOWING YOUR DREAMS?

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DAY 7.

WHAT DO YOU THINK GOD HAS BEEN SAYING TO YOU ABOUT YOUR PURPOSE AND DREAMS OVER THE PAST WEEK? HAS HE REVEALED ANYTHING TO YOU? TAKE TIME TO PRAY, REFLECT, AND JOURNAL TODAY.

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